

Don't miss out on the OHNA 2016 Annual Conference. Reserve your spot NOW!



Oregon Holistic Nurses Association

SERVING HOLISM IN OREGON, WASHINGTON & CALIFORNIA SINCE 2007

We Are the Change.

Fall Newsletter

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REGISTER NOW!!!

OHNA's Annual Conference 2016 Theme: Sustaining the Power of Transformation

With just three weeks remaining until the conference, we encourage everyone to register who still hasn't yet - if you wish to attend. We will be asked to give up our open slots beginning in just one more week; secure your spot soon so you have one! Conference workshop info [here](#).

Breitenbush requires a down payment of the lodging upon initial reservation of your spot. The OHNA conference fee will be collected when you arrive on site. Registration information [here](#).

We look forward to being with you all!!

A reminder: What to bring

There will be a **Book Sale** at the conference again this year. Bring a lovingly used holistic book(s) you are ready to part with; mark a dollar amount on the inside cover. All proceeds go to OHNA. Any books not sold will be donated to Breitenbush.

A **Silent Auction** will again be held. If you would like to participate, bring an item or a service you would like to donate. A table will also be prepared for the silent auction items. All proceeds go to OHNA.

An **Altar** will be set up for the entire conference. Please feel welcome to bring an item(s) to place on it, adding your energy to bless and be blessed.

Open Board Position Postings

The Board of Directors are now accepting nominations for the following Board positions:

Communication Coordinator

Director-at-Large (2 positions)

If you are interested in offering your time and talents to your organization, or would like more information about a position, please contact OHNA Director, Marina Ormes by emailing her at info@oregonholisticnurses.org

Elections will be held at the Conference

Welcome to our new OHNA members

**James Body
Jindra Brandejska
Bonnie Freel
Callie Gardner
Lisa Gregory
Abigail Hall**

**Lori Keesh
Lauren Ladky
Anjeanette Morgan
Gerri Meyers
Caitlin Tatum**

Director's Message from Marina Ormes, RN, HN-BC

Our amazing and talented Director, Marina Ormes, usually submits a thoughtful and thought-provoking article related to holistic practice and self care. However, because she is currently recovering from two different concussions sustained over the course of the summer, she is preserving her resources for our conference. We appreciate her example of self-care and support her with healing energy and prayers.

[Go here](#) to learn about the Astrological Assessment she did specifically for our 2016 conference. It will give insight into the planetary support for transformation during that time.



Meet the OHNA Board Secretary

Susan Rhedmon, RN, CMSRN, HNB-BC

Susan has been practicing nursing in the acute care setting for ten years and received her Certification in Holistic Nursing in 2014. She has volunteered in India, helping to establish a women's health clinic. She has also worked with homeless IV drug users in Eugene, Oregon. She is trained as a Reiki Master and uses various holistic modalities to adjunct her allopathic training. Susan created "Sacred Activism," a local nurse group that teaches CAM modalities for self-care and for use in professional practice and she is currently involved in the the conscious dying movement in Portland.

Our Blog is Now Active!

Follow Us [here](#) for personal experiences using holistic healing modalities and living from an holistic perspective.

Live every moment so you have no regrets.

Oregon Holistic Nurses Association (OHNA) | info@oregonholisticnurses.org |
www.oregonholisticnurses.org

Continuing Education Contact Hour Provider approved by
California Board of Registered Nursing, Provider #15842

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