



OREGON HOLISTIC  
NURSES ASSOCIATION  
WE ARE THE CHANGE

## OHNA SUMMER UPDATE

July 2019 Volume 12 Issue 2

### Greetings OHNA members and friends -

It is exciting that many of you have already reserved your spot for the upcoming conference! This is a reminder that OHNA is not exclusive to nurses - we include all holistic practitioners as members and conference participants. You are welcome to forward this newsletter to anyone you think might be interested in learning more about holistic practice.



Follow us on [facebook](#) and [Instagram](#) for scientific, inspirational, and OHNA event information posts.

Watch our social media posts & your email for further conference notifications and reminders

### RESERVE THIS DATE -

12th Annual OHNA Conference  
**October 20 - 23, 2019**

***THEME: Illuminate the Path:  
Live from Your Light***

BREITENBUSH HOT SPRINGS RESORT AND RETREAT CENTER

Click to [here](#) to download conference brochure

**Registration is open. Early bird rate is available until  
Aug 20, 2019.**

*We understand that the registration process can be challenging. To help with making that process go more smoothly, we have created a form on our website to start the process.*

**Please begin your registration [here](#).**

### CONFERENCE ACTIVITIES

**Healing Room:** Monday evening, Oct 21, there will be time and space reserved for energy practitioners to share their modality at no charge to conference attendees. Participants may not have had the opportunity to experience the modality you provide. Sharing 10-15 min of your expertise will give our attendees an experience they might not otherwise be able to access.

There will be eight to ten spots available in the Healing Room for those of you who would like to share your modality within our community. Because the spots are limited we are asking that you send a response with your desire to participate ASAP. It will be first come, first served,



**Please reply to this email if you are**

and you will receive confirmation if you get a spot so you can come prepared.

interested in participating in this event as a practitioner.

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## We Give a Warm Welcome to our New Members!

Elizabeth Earnhart - Portland, OR  
Debra McEldowney - Kalama, WA  
Megan Reed - Lake Oswego, OR  
Jeanne Thomsen - Portland, OR

We also acknowledge all members who have kept their membership status current by renewing. You are appreciated. As we grow, our voice and influence grows!

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### ANNOUNCEMENTS

## Scholarships

### Are you a Student Nurse?

OHNA is again offering scholarships to qualifying nursing students for attendance at the 2019 Conference. The scholarship award is limited to the conference registration fee.

Four scholarships will be awarded. The application deadline is August 18, 2019. Don't miss out!!

Fill out and submit your application [here](#).



### Call for Conference Volunteers

We are looking for two or three more volunteers who are able to commit to assisting the Board throughout the conference in various ways, including managing paperwork during registration prior to the opening ceremony.

Duties will continue through the closing ceremony, clearly written out, and assigned for clarity. Compensation for this assistance will be 25% off your conference registration fee. Your assistance greatly facilitates the smooth running of our conference.

If this offer is appealing, please contact:  
**Communication Coordinator**  
**deonne wright** [here](#)

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### WILDFLOWER GARDEN!

The wildflower garden planted from seeds gifted to attendees at the OHNA 2018 conference has been magnificent for weeks. The bees and butterflies love it, and there are many more buds yet to bloom!



### Elections in November - Open Board Positions

We are thrilled with the growth of our membership during this past year and are dedicated to strengthening this community to support each of you. OHNA is looking for any of you who have time to give, even if it's only a few hours. In order to grow, it takes a bigger team with fresh energy and new perspectives.

Elections for the next open Board positions will occur following the conference. Projects have been identified by both the Board and membership alike that are considered important goals for our organization. Some of them are still in the early stages of development, and others are still in the beginning planning stages because they will take volunteer hours not associated with a Board position.

Some of those projects include:

- Working with our Outreach Committee to connect in your communities to increase awareness of holistic practice. Tools are being developed to assist and support you in that role.
- Methods of bringing education to a wider audience using technology
- Members who enjoy writing and would like to contribute to our Blog with a guest post.
- Someone (or two) with technology skills and a love for it. Our online presence is a very important aspect of creating connection with you and the wider world. This will require approximately 5 hours a month. Our goals for that role are to expand our impact on instagram, facebook, twitter, and LinkedIn to increase and engage our membership.

We hope you will be inspired to participate in some way. Together we create a force for change.

**The Board of Directors is now accepting nominations for the following Board positions:  
Secretary & Director-at-Large**

If you are interested in offering your time and talents to our organization, or would like more information about a position or volunteer opportunity, please contact OHNA Director, Marina Ormes [here](#)

**Official nominations will occur at the Conference**

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### NEWSLETTER ADVERTISEMENT OPPORTUNITY

- If you are a holistic practitioner you might consider joining as an OHNA member at the highest Premium level (or upgrade if you're already a member). One of the benefits is free advertising for your publications, workshops, or practices in the biannual newsletter.
- If you are a member at the basic level and would like to purchase a single advertisement, you may do so at \$30/per ad per newsletter.

\*All ads are subject to review to ensure they are in line with OHNA's values.

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All OHNA members, and anyone who has attended an OHNA conference, are welcome to join our facebook group. You can network, support each other, and share upcoming courses and resources relevant to holistic practice. We encourage networking about entrepreneurial questions and successes; we promote nurturing conversation and connections within our local and global communities. [Request to join here](#)

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*"Healing emanates from the heart."*

---Peter Megargee Brown

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OHNA is a 501(c)(6) tax exempt organization

Continuing Education Provider approved by the California Board of Registered Nursing, Provider #15842