



## OHNA 2019 Conference Astrology Assessment

October 20-23, 2019 at Breitenbush Hot Springs <http://www.oregonholisticnurses.org/events/>

This year, our conference falls at a critical time in which humanity is making decisions about its future. Beginning in December 2019, and continuing throughout 2020, there will be a triple alignment of outer planets Jupiter, Saturn, and Pluto.

Pluto has to do with truth and transformation—specifically healing the ways we have been victimized in the past to step up and stand in our power.

Saturn has to do with the limitations of physical reality. It reveals where we need to learn to trust ourselves and stand in our own authority, rather than expecting an external authority to solve problems for us.

Jupiter has to do with beliefs and where we place our faith and optimism. When we recognize we have beliefs that are not serving the greatest good, it's time to upgrade those beliefs to place a deeper trust in what is most important to us.

The first of the two planets to come together, Saturn and Pluto, will meet in January for the first time since the early 1980s ([read more here](#)). Earlier this year in April and May they came close to joining, but not quite exact. So this year is about looking deep within ourselves for clarity and guidance about who we are, what we stand for, and how we need to adjust ourselves to be in greater alignment with our truth and power.

That is the background energy as this conference begins, and on Sunday afternoon while we are arriving and gathering, the Moon forms a grand trine with Neptune in Pisces and Venus/Mercury in Scorpio. This helps us ground in our intuition and emotional/spiritual connections. It is also a time when we might feel quite sensitive, so boundaries and self-care needs should be honored.

On Monday morning around 9:30, the Moon will transition into Leo, shifting the mood to more of an outward need for recognition and self-expression. The Moon remains in Leo for the rest of the conference, so themes of self-expression and finding our voices will be present.

An opening ceremony that helps us set intentions to find our authentic voices and connect with the light of truth so we can “illuminate the path” will be especially meaningful.

The Sun remains in Libra for most the conference, supported by Mars in Libra, fostering balance and connection and providing the perfect chemistry for networking and deepening relationships. On Wednesday, the Sun will go into Scorpio around 11 am as we are wrapping up, so the mood may shift at that time to deeper trust and intimacy in connections or a need for quiet, sacred time.

Mercury and Venus are in Scorpio throughout the conference, providing opportunities for deeper communication and experiences of beauty and heart opening that are founded on trust that is fostered in a safe container.

--Marina Ormes, RN, HN-BC (retired)